



PRIVATE RATE SHEET

POSTURAL ASSESSMENT \$80

- Standing Postural Assessment
- Gait and Movement Analysis
- Muscular Imbalance/Compensation
- Client Goal and Pain Assessment

DIRECTOR Danielle Bélec-van Zeyl

Private	Semi-Private
60 minute \$95	\$55 (per person)
90 minute \$135	

CERTIFICATION DIRECTOR / CERTIFICATION INSTRUCTORS

Private	Semi-Private (per person)
60 minute \$85	1 Session \$50
	5 Sessions \$235
	10 Sessions \$450

STUDIO INSTRUCTORS

Private	Semi-Private (per person)
1 Session \$80	1 Session \$47
5 Sessions \$385	5 Sessions \$225
10 Sessions \$750	10 Sessions \$430

NOTE: The studio is open 7 days a week. Private sessions are booked one at a time, in groups of five, or in groups of ten. We highly recommend all private training to begin with a Postural Assessment.

We require 24-hour notice for a cancellation or schedule change of a pre-booked private or semi-private session in order to prevent you from being billed for a session unattended. No exceptions, no emergencies. All prices are subject to 13% HST.

